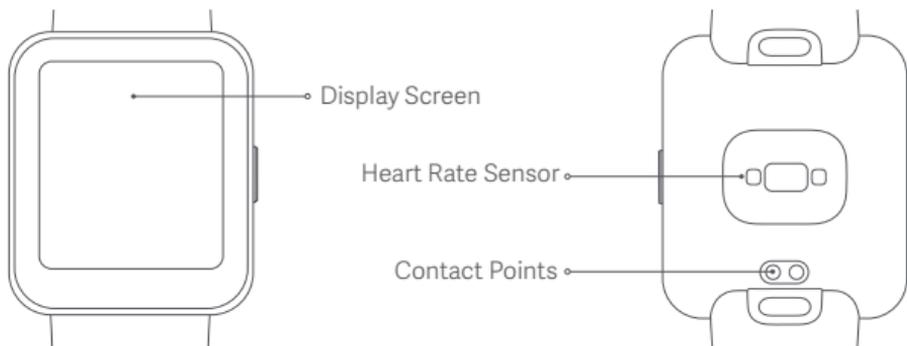


Redmi Watch 2 Lite User Manual



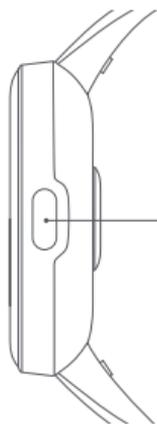
Product Overview

Please read this manual carefully before use, and retain it for future reference.

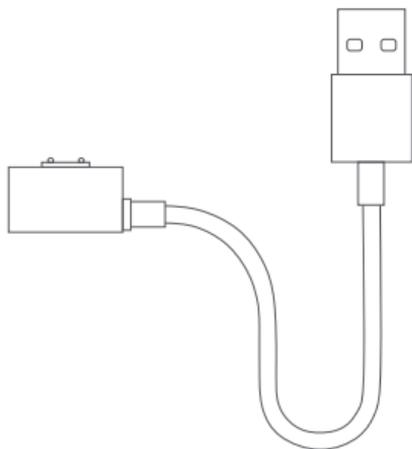


Watch

Illustrations of product, accessories, and user interface in the user manual are for reference purposes only. Actual product and functions may vary due to product enhancements.



Function Button

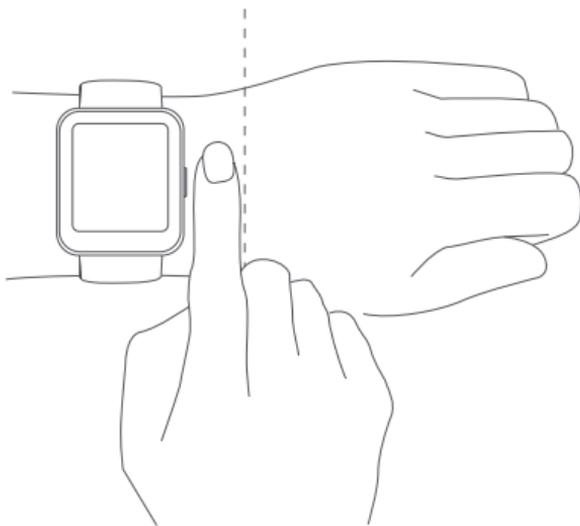


Charging Cable

How to Wear

For daily use, comfortably tighten the watch around your wrist about one-finger width away from your wrist bone. Adjust the strap to ensure the heart rate sensor can collect data normally.

Note: Wearing the watch too loosely may impact the data collection by the heart rate sensor.



How to Connect

Download and install Xiaomi Wear/Xiaomi Wear Lite app to better manage your watch, and log in to your Xiaomi account for more services.

Note: The operations described here might slightly differ from the Xiaomi Wear/Xiaomi Wear Lite app due to its update, please follow the on-screen instructions.

1. Press and hold the function button to turn on the watch. Scan the QR code displayed on the watch with your phone, then download and install Xiaomi Wear/Xiaomi Wear Lite app. You can also download and install the app from app stores, or scan the QR code below.
2. Open Xiaomi Wear/Xiaomi Wear Lite app, then log in your Xiaomi account. Select Add device and follow the instructions to add your watch.



Scan the QR code to download the app

Android Device: [Xiaomi Wear app](#) / iOS Device: [Xiaomi Wear Lite app](#)

Pairing

When an identical pairing code is displayed on both the phone and the watch, tap Pair to complete the pairing.

Notes:

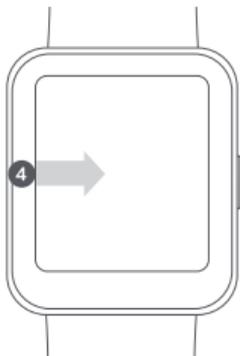
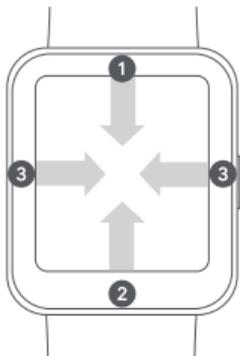
During pairing, make sure the Bluetooth is enabled on your phone and the watch is well connected with your phone.

If the pairing code appears on the watch but not on the phone, please check whether there is a pairing request in the notifications of the phone.

If the watch cannot be found while adding it to the app, or cannot connect with your phone during use, please press and hold the function button of the watch for 3 seconds and choose the reset option to restore factory settings, then try again.

How to Use

1. View notifications: Swipe down from the top on the home screen
2. Open control panel: Swipe up from the bottom on the home screen
3. Switch widget: Swipe left or right when on the home screen page
4. Go back: Swipe from the left edge to the right when on other screen pages



GPS & A-GPS

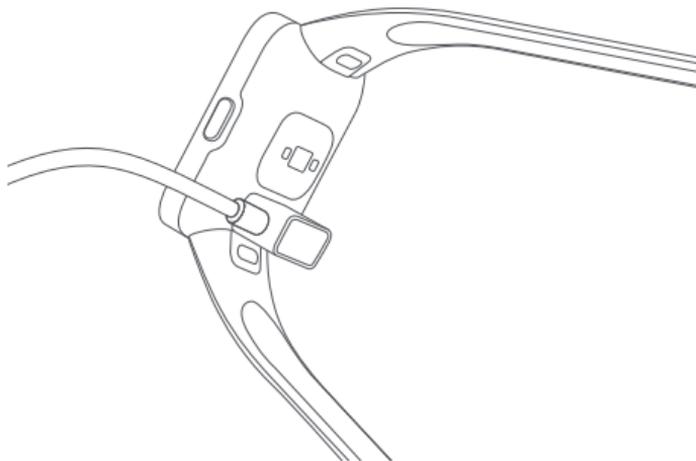
The watch supports the Global Position System (GPS) tracking. When you do outdoor exercises like running, the GPS will automatically start working and notify you when the positioning is successful, and quit tracking once you stop exercises. The open field outdoor is the best place for the GPS tracking; whereas when you are in a dense crowd, raising your arm up can better help GPS to the positioning. It is recommended to start your workout only when the GPS starts working.

The watch has an Assisted GPS (A-GPS) feature which can accelerate GPS positioning via the data directly from the GPS satellites. Make sure your watch is connected with the phone via the Bluetooth, the data can be automatically synchronized from Xiaomi Wear/Xiaomi Wear Lite app to your watch, and the A-GPS data automatically updated as well. In case the data has not been synchronized for seven consecutive days, the A-GPS data will expire. If so, the positioning information will need to be re-acquired. You can go to the page of outdoor exercises on your watch to update the positioning information.

Charging

Recharge your watch immediately when the battery level is low. Attach the charging cable to charge the watch as shown in the illustration.

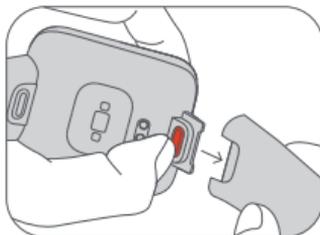
Note: When the magnetic charging cable is connected to the power, make sure the conductive substances are not absorbed on it. Otherwise, it may cause a short circuit.



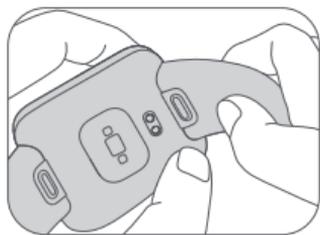
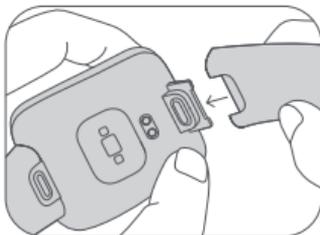
Adjust & Install/Uninstall the Strap

Adjust the position of the buckle according to the circumference of your wrist. To install or uninstall the strap, refer to the figures below. You can pull the strap to see if it is installed securely.

Uninstall the strap: Press down the release button with one hand, and simultaneously pull out the strap with the other hand.



Install the strap: Align the slot of the strap with the watch and then insert it to the watch until you hear a click.



Safety Precautions

- When using the watch to measure your heart rate, please hold your wrist still.
- The band has a water resistance rating of 5 ATM. It can be worn in the swimming pool or while swimming near the shore. However, It can be used neither in places where the temperature and/or humidity is high, such as hot spring, sauna, or shower, nor in activities with deep or swift water, such as diving, scuba diving, or surfing. Furthermore, remember to take off the watch when washing clothes.
- The touchscreen of the watch does not support underwater operations. When the watch comes into contact with water, use a soft cloth to wipe away excess water from its surface before use.
- During daily use, avoid wearing the watch too tightly. Keep its contact area dry and regularly clean the strap with water. Immediately stop using the watch and seek medical assistance if the contact area on your skin shows signs of redness or swelling.
- The product information is listed at the slot of the strap, you can remove the strap to check it.
- Please use the included charger to charge the watch. Only use the power adapters that comply with the local safety standards or certified and supplied by qualified manufacturers.
- Make sure the power adapter, the charger, and the watch are in a dry environment while charging. Do not touch them with wet hands and do not expose them to rain or other liquids.
- The operating temperature of the watch is 0°C to 45°C. If the ambient temperature is too high or too low, the watch may malfunction.

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- The watch has a built-in battery. To avoid damage to the battery or the watch, do not disassemble and replace the battery by yourself. Only the authorized service providers can replace the battery; otherwise, it will cause potential dangers even personal injuries if a wrong type of battery is used.
 - Do not disassemble, strike, crush or throw the watch into a fire. Stop using the battery immediately if there is any swelling or fluid leakage.
 - Never throw the watch or its battery into a fire so as to avoid an explosion.
 - This watch is not a medical device, any data or information provided by the watch should not be used as a basis for diagnosis, treatment, and prevention of diseases.
 - The watch and its accessories may contain small parts. To avoid choking or other hazards or damages caused by the children, keep the watch out of the reach of children.
 - The watch is not a toy. Keep it out of reach of children.
 - If the watch will not be used for an extended period, turn it off after fully charging and then store it in a cool and dry place. Recharge the watch at least once every 3 months.
 - Please stop using the product immediately and seek medical assistance if the contact area on your skin shows signs of redness or swelling.
 - Do not put the battery in trash that is disposed of in landfills. When disposing of the battery, comply with local laws or regulations.
 - Leaving a battery in an extremely high temperature surrounding environment that can result in an explosion or the leakage of flammable liquid or gas.
 - A battery subjected to extremely low air pressure that may result in an explosion or the leakage of flammable liquid or gas.
 - Keep the product's indicator away from the eyes of children and animals while the product is in use.

Specifications

Product: Smart Watch

Name: Redmi Watch 2 Lite

Model: M2109W1

Display Screen: 1.55-inch square & thin-film transistor (TFT) screen, 320 × 360 resolution

Wireless Connectivity: **Bluetooth® 5.0** (Bluetooth Low Energy)

Sensor: Optical heart rate sensor, accelerometer, gyroscope, electronic compass

Battery Capacity: 262 mAh

Water Resistance: 5 ATM

Item Dimensions: 41.2 × 35.3 × 10.7 mm (excluding strap and protrusions)

Positioning: GPS/GLONASS/Galileo/BeiDou

Transmitting Frequency of GPS/GLONASS/Galileo/BeiDou: 1559–1610 MHz

Watch Net Weight: 35 g (Including strap)

Strap Material: TPU

Buckle Material: PC + 30% GF

Adjustable Length: 140–210 mm

Compatible with: Android 6.0 & iOS 10.0 or above

Battery Type: Lithium-ion polymer battery

Input Voltage: 5 V 

Input Current: 1 A

Operating Temperature: 0°C to 45°C

Maximum Output Power: ≤ 13 dBm

Operating Frequency: 2400–2483.5 MHz

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EU Declaration of Conformity



Hereby, Xiaomi Communications Co., Ltd. declares that the radio equipment type M2109W1 is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address: <http://www.mi.com/global/service/support/declaration.html>

For regulatory information, product certification, and compliance logos related to the Redmi Watch 2 Lite , please go to Settings >About Watch>Regulatory.

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